

# WHO AM I?

*How understanding your personality is important for your faith*



Self-awareness leads to \_\_\_\_\_

It \_\_\_\_\_ your need for \_\_\_\_\_

It helps you \_\_\_\_\_ others \_\_\_\_\_

It helps you \_\_\_\_\_ God's \_\_\_\_\_

It deepens \_\_\_\_\_ & \_\_\_\_\_

In your groups:

Discuss how your personality type can positively and negatively impact other personality types? Come up with 1 example for each type. Write it on a post-it and place it on the appropriate poster.

Lion Otter Beaver Golden Retriever

You've been Framed:

You've heard the saying that a picture is worth a thousand words.

Choose a picture that describes how you're entering camp this week and describe why you chose that picture.

OR

Choose a picture that describes your spiritual life recently and describe why you chose that picture.

Trait	 Lion (Leader)	 Otter (Fun-Lover)	 Golden Retriever (Companion)	 Beaver (Perfectionist)
Core Strengths	Decisive, bold, goal-driven	Energetic, social, optimistic	Loyal, calm, empathetic	Precise, responsible, organized
Communication Style	Direct, commanding	Talkative, enthusiastic	Gentle, thoughtful	Clear, detail-oriented
Focus	Results & achievement	Fun & people	Relationships & harmony	Accuracy & structure
Motivation	Winning, control	Excitement, approval	Peace, security	Doing things 'right'
Decision-making	Fast, confident	Impulsive, quick	Slow, cautious	Analytical, slow
Biggest Fear	Losing control	Being boring or excluded	Conflict or loss of harmony	Making a mistake
Relational Strength	Leads and motivates	Encourages and inspires	Comforts and supports	Protects with logic
Typical Weaknesses	Controlling, insensitive	Disorganized, unfocused	Passive, avoids decisions	Critical, perfectionistic
Struggles With	Patience, empathy	Follow-through, structure	Saying no, change	Flexibility, spontaneity
Under Stress	Becomes aggressive	Becomes careless or dramatic	Shuts down or withdraws	Overanalyzes or freezes
Ideal Roles	Leader, director	Motivator, entertainer	Mediator, caregiver	Analyst, planner